Packing List Guide for Female Traveller - 14 days

(Not including what you will wear on the plane)

Clothes			
☑	**No.**	**Item**	**Notes**
	4 pairs	Underpants	Wear 5th pair
	2 pairs	Bras	Wear 3rd pair
	4 pairs	Socks	Wear 5th pair
	3	T-shirts	Double also as pyjamas
	1	Short-sleeved top, light easy-care	Can be worn under long-sleeved for added warmth
	1	Short-sleeved top, dark easy-care	Can be worn under long-sleeved for added warmth
	1	Short-sleeved top, dressy	
	1	Long sleeved top/skivvy, light easy-care	
	1	Long sleeved top/skivvy, dark easy-care	
	1	Long-sleeved top, dressy	
	1	Dress, optional - crushless, if you own one	Or better still, buy a dress in France!
	2	Jumper/cardigan,	Dark or black more versatile
	1	Jacket (light weight for summer/thick for winter)	Wear onto plane
	1	Wind/water-proof jacket with hood, light	For rainy days. Roll up for packing
	1	Skirt crushless/wrinkle-free	Dark or black more versatile
	1 pair	Shorts, if you have the legs for it, or another skirt	French women are not frequent short wearers
	1 pair	Long casual pants (pref. black)	Dark or black more versatile
	1 pair	Jeans	Wear second pair onto plane
	1 pair	Walking shoes (black) lace-up, casual	Dark or black more versatile
	1 pair	Small heel, leather shoes - day & evening wear	Leather breathes and expands with swelling feet
	1 pair	Sandals	Dark or black more versatile
	2	Scarves - colourful 1 warm, 1 cool	To dress up outfit
	1	Swim suit	For summer travel
	1	Hat/cap cotton or synthetic crushable	
	1 pair	Gloves	For winter travel
	1	Woollen hat/beanie	For winter travel
Toiletries - in a waterproof zip-lock see-thru bag, with hook to hang is best			
	1	Toothbrush and holder	
	1	Small Toothpaste	
	1	Soap: face and body	Can also be used as emergency foaming for shaving
	1	Shampoo	
	1	Conditioner	
	1	Brush &/or comb	
	2	Elastics or clips for long hair	Tie elastics onto brush handle
	1	Deoderant	
	Pkt	Feminine hygiene products: tampons, pads	
	1	Lipstick - favourite all occasion colour	
	2	Minimal cosmetics: mascara, foundation	
	1	Lipbalm	
	1	Sunblock for summer	
	1 pair	Tweezers	Comes in handy for all sorts of things
	1	Nail clippers	
	1	Emery board	
	1	Handcream	
	1	Hair removal products: shaver, gel.	